



**JOHNS HOPKINS  
CENTER FOR  
INDIGENOUS HEALTH**

**HONORING LIFE  
YOUTH SUICIDE  
PREVENTION**



**COMMUNITY RESOURCE GUIDE  
Shiprock Service Unit**



# COMMUNITY RESOURCE GUIDE

## Linking Families to Community Resources

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# Emergency Phone Numbers

Department	Phone Number
<b>EMERGENCY</b>	<b>911</b>
<b><u>Shiprock</u></b>	
Navajo Nation Shiprock Police Department	(505) 368-1350
Shiprock Fire Department	(505) 368-5719
Northern Navajo Medical Center	(505) 368-6001
NNMC-Iina Counseling Walk-Ins welcome M,T,Th,F 8:00 AM –4:30 PM W 8:00 AM-12:00 PM	(505) 368-7313
<b><u>Newcomb</u></b>	
Newcomb Fire Station	(505) 696-3359
<b><u>Farmington</u></b>	
San Juan County Sheriff Office	(505) 334-6107
San Juan County Fire Department	(505) 599-1430
Farmington Police Department	(505) 599-1070
San Juan Regional Medical Center Emergency Room	(505) 609-2000 (505) 609-6100
Presbyterian Medical Services	(505) 327-4796
<b><u>Kirtland</u></b>	
Valley Fire Department – Station 4	(505) 334-1180
San Juan County Sheriff’s Office: Kirtland Substation	(505) 334-6107
<b><u>DzilNaODithHle</u></b>	
DzilNaODithHle Medical Center	(505) 960-7801
<b><u>Cortez</u></b>	
Cortez Police Department	(970) 565-8441
Cortez Fire Department	(970) 565-3157
<b><u>Blanding</u></b>	

San Juan Counseling Center	(435) 678-2992
Blue Mountain Hospital	(435) 767-0517
Southeastern Utah District Health Department	(435) 678-2723
<b><u>Towaoc</u></b>	
Ute Mountain Ute Service Unit	(970) 565-4441
Ute Mountain Ute Tribe	(970) 565-3751
<b><u>Red Mesa</u></b>	
Four Corners Regional Health Center Switchboard Mental Health	(928) 656-5000 (928) 656-5145
<b><u>Gallup</u></b>	
Gallup Indian Medical Center	(505) 722-1000
City of Gallup Police Department	(505) 863-9365
NM State Police	(505) 863-9353
McKinley Sheriff's Office	(505) 863-1410
NM Crime Stoppers	(877) 722-6161
Med Star	(505) 722-7746
Gallup Fire Department	(505) 722-4195
<b><u>Window Rock</u></b>	
Window Rock Police District	(928) 871-6111/ 6112
Navajo Nation Fire Window Rock District	(928) 871-6909
<b><u>Fort Defiance</u></b>	
Fort Defiance Emergency Department	(928) 871-6111

## Emergency Phone Numbers (continued)

<b><u>Other Emergency Numbers</u></b>	
Adult Protective Services	(866) 654-3219
American Assoc. of Poison Control Center	(800) 222-1222 available 24 hrs. everyday
Hepatitis C & Buprenorphine Helpline	(888) 364-4372
National Child Abuse Hotline	(800) 422-4453
National Crisis & Access Line Veterans Crisis Line	(800) 273-TALK (8255)
National Sexual Assault Hotline	(800) 656-4673
National Youth Crisis Hotline	800-442-4673 (HOPE)
New Mexico's Poison Control	(505) 272-2222
Suicide Prevention Hotline	877
Suicide Prevention Services Crisis Hotline	877

Suicide & Depression Hotline – Covenant House	988
Tobacco Quit Line	(800) 784-8669
24 Hour Addiction and Alcohol Hotline	1-844-244-3171
<b>HOTLINES</b>	
Poison Control	(800) 432-6866
PMS Health Crisis Line	(800) 273-8255
Stop Smoking-QUIT NOW	1 (800) 784-8669
PullTogether Support Line	1-800-691-9067 <a href="http://www.pulltogether.org">www.pulltogether.org</a>
Peer-to-Peer WarmLine	1-855-466-7100
Sexual Assault Hotline	1-866-908-4700
Domestic & Sexual Assault Hotline (24/7, English & Spanish)	800-223-5001
Child Abuse Hotline – Support and Information	800-792-5200 (Massachusetts)
NDMDA Depression Hotline – Support Group	800-826-3632
Crisis Help Line – For Any Kind of Crisis	800-233-4357
Crisis Text Line	Text HELLO to 741741
Parental Stress Hotline – Help for Parents	800-632-8188
National Runaway Safeline	1 (800) RUNAWAY (786-2929)
Rape, Abuse,& Incest National Network	(800) 656-HOPE (4673)
Federal Trade Commission Identity Theft Hotline	(877) ID-THEFT (438-4338) TTY: (866) 653-4261
National Human Trafficking Resource Center	(888) 373-7888
National Organization for Victim Assistance	(800) TRY-NOVA (879-6682)
Substance Abuse and Mental Health Services Administration Helpline	(877) SAMHSA-7 (726-4727) TDD: (800) 487-4889
VictimConnect Resource Center	(855) 4VICTIM ( 484-2846)
National Crime Prevention Council	(443) 292-4565
National Criminal Justice Reference Service (OVC Resource Center)	(800) 851-3420 TTY: (301) 240-6310
<b><u>LGBTQ+</u></b>	
LGBT National Help Center	1(888) 843-4564
The Trevor Project (LGBTQ) Crisis Line	1 (866) 488-7386 Text: “START” to 678-678
<b><u>New Mexico</u></b>	
New Mexico Crisis Hotline	1(855) 662-7474/ 1-855-227-5485
<b><u>Arizona</u></b>	
Northern Arizona Crisis Line	1 (877) 756-4090
Teen Lifeline – Statewide Arizona	1 (800) 248-TEEN (8336) Text: (602) 248-8336

<b><u>Teens</u></b>	
Teen Lifeline	1-800-248-8336
Teenline	310-855-4673 Text TEEN to 839863
<b><u>Family</u></b>	
Children, Youth, and Families	(800) 797-3260
Childhelp National Child Abuse Hotline	(800) 4-A-CHILD (422-4453)
Bureau of Indian Affairs, Indian Country Child Abuse Hotline	(800) 633-5155
Mothers Against Drunk Driving	(877) MADD-HELP (623-4357)
Parents of Murdered Children, Inc	(888) 818-POMC (7662)
National Center for Missing and Exploited Children	(800) 843-5678
Child Welfare Information Gateway	(800) 394-3366
National Children's Alliance	(202) 548-0090
National Council on Juvenile and Family Court Judges	(755) 507-4777
OVC/TTAC	(866) OVC-TTAC (682-8822) TTY: (717) 909-0715
<b><u>Domestic Violence</u></b>	
National Domestic Violence Hotline	(800) 695-0167
Americans Overseas Domestic Violence Crisis Center	(866)USWOMEN (879-6636)
Love is Respect	(866)-331-9474 TTY (866) -331-8453
National Resource Center on Domestic Violence	(800) 537-2238 TTY: (800) 553-2508
National Sexual Violence Resource Center	(877) 739- 3895 TTY: (717) 909-0715
Resource Center on Domestic Violence: Child Protection and Custody	(800) 527-3223
<b><u>Women</u></b>	
National Indigenous Women's Resource Center	(406) 477-3896
Battered Women's Justice Project	(800) 903-0111x1

# Medical Care

<b>Northern Navajo Medical Center</b>		<b>Main Line: (505) 368-6001</b>
Ambulance		(505) 368-6175
Pharmacy Refill Line		(505) 368-7263
OB/GYN Clinic		(505) 368-6500
Obstetric & Neonatal Stabilization Unit		(505) 368-6905
Breastfeeding Resource Guide		(800) 549-5644 ext. 37071
Pediatrics Clinics		(505) 368-6528/6527
Dental Clinic		(505) 368-6370
Ina Counseling Services		(505) 368-7301/7302
Medical Social Work		(505) 368-7200
Emergency Room		(505) 368-9900
Traditional Practitioner		(505) 368-6300/6166
Purchased Referred Care – formerly known as Contract Health Services		(505) 368-6077/6069
Medical Social Services		(928) 656-5130
Community Health Representative (CHR)		(505) 368-1340
Teen Life Center		(505) 368-6760 (505) 7450/7451

<b>Dzilth-Na-O-Dith-Hle Health Center</b>		<b>(505) 368-8001/6733</b>
Walk in and Appointments	Open Monday to Friday, from 8:00 am to 4:30 pm, closed after hours, holidays, and weekends	
Administration		(505) 368-8003
Case Management Services		(505) 368-8175
Dental		(505)369-8080
Optometry		(505) 368-8090
Outpatient		(505) 368-8103
Pharmacy Refill Line		(505) 368-8144
Public Health Nursing Services		(505) 368-8161

<b>Four Corners Regional Health Center</b>		<b>(928) 656-5000</b>
Administration		(928) 656-5005
Optometry		(928) 656-5200
Traditional Practitioner		(928) 656-5380

<b>Sanostee Field Clinic</b>		<b>(505) 723-2484</b>
Tuesdays and Thursdays (except 2nd Tuesday), 9:30 AM - 2:30 PM		
<b>Tuba City Regional Health Care</b>		
Office of Native and Spiritual Medicine		(928) 283-1372
Mental Health		(928) 283-2831
Emergency Room		(928) 283-2501

<b>San Juan Regional Medical Center</b>		<b>Main Line: (505) 609-2000</b>
Breastfeeding Support Staff		(505) 609-6484
Childbirth Center		(505) 609-6189
Childbirth Support and Breastfeeding Resources		(505) 609-2134
Pediatrics		(505) 609-6700
San Juan Health Partners-Midwifery and Women's Health		(505) 609-2590
San Juan County Public Health Office		(505) 327-4461
<b>Tuba City Outpatient Treatment Center Behavioral Health Services</b>		
Outpatient, Intensive outpatient treatment, Regular outpatient treatment, Computerized treatment. Cognitive/behavioral therapy, Dialectical behavioral therapy, Substance abuse counseling approach, Trauma-related counseling, Rational emotive behavioral therapy		(928) 283-3346
<b>Toadlena Field Clinic</b>		(505) 789-3281
		2nd Tuesday of each month, 9:30 AM - 2:30 PM

<b>Tohatchi Health Care Center</b>	<b>(505) 733-8700</b>
	Closed after 5:00 PM on weekdays and closed on weekends

<b>Ute Mountain Ute Service Unit</b>	<b>(970) 565-4441</b>
232 Rustling Willow Street Towaoc, CO 81334	Monday, Wednesday, Thursday, and Friday from 7AM-5PM Tuesday from 7AM to 12:30 PM

<b>Gallup Indian Medical Center</b>	<b>Main Line: (505) 722-1000 (505) 722-1165 (ER)</b>
GIMC Behavioral Health Services Adult Counseling Walk in In Take hours Tuesdays at 8 am (take in first 6 clients) Thursdays 1pm-3 pm  Child Counseling Needs to be seen at child's triage on Wednesdays then referred to Behavioral Health	(505) 722-1571



GIMC Division of Public Health Health Promotions & Disease Prevention Dept. Methamphetamine & Suicide Prevention Initiative	(505) 722-1278
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<b>Rehoboth McKinley Christian Hospital</b>	
<b>Main Line:</b>	<b>(505) 863-7000</b>
College Clinic: Internal Medicine, Family Practice, Pediatrics	(505) 863-1820
Red Rock Clinic and Orthopedic Surgery, Podiatry, OB/ Gyn, Neurology	(505) 863-7200
Urgent Care Clinic	(505) 863-7273
Behavioral Health Services	(505) 726-6910
<b>Crownpoint Health Care Facility</b>	(505) 786-5291
Crownpoint Behavioral Health Services	(505) 786-2111
Crownpoint IHS Mental Health Open 8:00 to 4:30 everyday Please call first to make an appt	(505) 786-6232
<b>Presbyterian Medical Services</b>	
Farmington Community Health Center	(505) 325-0369
San Juan County Adolescent Residential Treatment Center	(505) 324-5855

## Medical Care (continued)

<b>Urgent Care</b>	
Reliance Medical Group/Urgent Care 3451 N Butler Ave., Farmington, NM 87401-6425	(505) 566-1915
San Juan Regional Urgent Care 4820 E Main St., Farmington, NM 87402	(505) 609-6495
Southwest Walk-In Care 1413 N Mildred Rd. Cortez, CO 81321	(970) 564-1037

<b>Chiropractic Care</b>	
Family First Chiropractic and Wellness Center, LLC 2700 N Farmington Ave Bldg A Farmington, NM 87401	(505) 564-2225
Dr. Staci Noyes D.C. Chiropractic Healthcare 2808 E 20 <sup>th</sup> Farmington, NM 87402	(505) 327-9196

### Navajo Nation Breast & Cervical Cancer Prevention Program

P.O. Box 1390	(928) 871-6348
Window Rock, Arizona 86515	(928) 656-5450
Email: <a href="mailto:NNBCCP@nndoh.org">NNBCCP@nndoh.org</a>	

### Planned Parenthood Health Center

1308 E 20 <sup>th</sup> Street	(505) 327-0451
Farmington, New Mexico 87401	

### Family Planning/Vaccinations

Bloomfield Public Health Office	(505) 634-0229/0324
Farmington Public Health Office	(505) 327-4461/6263

### Pregnancy & Early Childhood

Grace Place	(505) 327-4747
Birthright Pregnancy	(505) 327-9000
First Born Program	(505) 325-9187
PMS Home Visiting Program direct number	(505)660-7454

### Bloomfield Public Health Department

(505) 634-0229 (505)634-0324

903 W. Broadway  
Bloomfield, NM 87413

- Immunization Clinic- call for appointment
- Family Planning Services- Annual exams, pap smears, birth control methods, counseling, pre-pregnancy planning, pregnancy tests, and emergency contraception.
- Sexually Transmitted Disease Screening and Treatment- call for apt.
- HIV Testing- confidential or anonymous screening, treatment, and counseling.
- Tuberculosis, screening and follow-up-screen active cases of tuberculosis and foreign body individuals.
- Flu Shots- Held in fall in Bloomfield, Aztec, and Blanco.
- Communicable Disease Follow up- Salmonella, hepatitis, whooping cough, measles, and tuberculosis.
- WIC Program

## Mental & Behavioral Health Services

Department	Services Provided	Phone Number
<b><u>Window Rock Service Sites</u></b>		
<b>DBMHS Central Office</b> P.O Box 709 Window Rock, AZ 86515  <b>Window Rock Boulevard</b> <b>Administrative Building #2</b>	Provide counseling to all ages. Service referrals from probation officers and addiction agency's requiring for counseling.	(928) 871-6240
<b>DBMHS Prevention</b>		(928) 871-6239
Regional Behavioral Health Authority		(928) 871-6877
<b><u>CHINLE</u></b>		
<b>DBMHS</b> Route 7 & 102-1 Chinle, Arizona 86503	Treatment services include counseling, education, prayer sessions, conferences, Bible studies, etc.	(928) 674-2190
<b><u>CROWNPOINT</u></b>		
<b>DBMHS</b> 2314 SW Highlands Dr. Crownpoint, NM 87313	Treatment services include counseling, education, prayer sessions, conferences, Bible studies, etc.	(505) 786-2111
<b><u>New Mexico Outpatient Treatment Centers</u></b>		
<b>Crownpoint</b> <b>Junction Rd 371 Rt 9</b> <b>Crownpoint, NM 87313</b>	Substance Abuse Rehab Services Cognitive/behavioral/Mental Health therapy, Substance abuse counseling approach Outpatient, Intensive outpatient treatment, Regular outpatient treatment. Substance abuse treatment , Do not treat opioid addiction	(505) 786-5291
<b>Gallup:</b> <b>Navajo Nation DBHS Gallup</b> <b>Outpatient Treatment Center</b> <b>300 West Nizhoni Boulevard Suite A</b> <b>Gallup, NM 87301</b>	Substance Abuse Rehab Services Outpatient, Regular outpatient treatment. Cognitive/behavioral therapy, Substance abuse counseling approach, Rational emotive behavioral therapy	(505) 722-9470
<b>Shiprock:</b> <b>Hwy 491 Intersection of Pinon and</b> <b>Cottonwood Street</b> <b>Box 1830</b> <b>Shiprock, NM 87420</b>	Outpatient Programs (OP) are for those seeking mental rehab or drug rehab, but who also stay at home every night. outpatient program is designed for someone who has completed an inpatient stay and is	(505) 368-1429 (505) 368-1438- Regional

C	looking to continue their growth in recovery. Outpatient is not meant to be the starting point, it is commonly referred to as aftercare.	
<b><u>Arizona Outpatient Treatment Centers</u></b>		
<b>Fort Defiance: Fort Defiance Outatient Treatment Center Fort Defiance Agency Dawn of Recovery is a Substance Abuse Rehab Services Old Fort Defiancapter House , Fort Defiance, AZ, 86504</b>	Substance Abuse Rehab Services Outpatient, Regular outpatient treatment Cognitive/behavioral therapy, Substance abuse counseling approach, Trauma-related counseling	(928) 729-4012
<b>Kaibeto: ¼ mile South Kaibeto Kaibeto, AZ 86053 P.O. Box 2147 Kaibeto,AZ 86053</b>	Kaibeto outpatient treatment center is a Counseling Center (Counselor - Addiction (Substance Use Disorder)	(928) 673-3267 Fax: 928-673-3269
<b><u>FARMINGTON</u></b>		
<b>Alcoholics Anonymous</b> PO Box 3237 Farmington, NM 87499	Meeting Schedule Help Line for the surrounding areas: Aztec, Bloomfield, Upper Fruitland, Shiprock, Farmington	(505) 327-0731
<b>Childhaven, Inc.</b> 807 West Apache Street Farmington, NM 87401	Shelter, therapeutic foster care, comprehensive community support services	(505) 325-5358
<b>Cottonwood Clinical Services, Inc.</b> 653 W Arrington St Farmington, NM 87401	Alcohol & drug addictions, mental health, anger management, domestic violence (for men only	(505) 564-3733 Mycottonwood.us *accepts Medicaid and most insurances
<b>Desert View Counseling</b> 6100 E Main St Farmington, NM 87402	Teen substance abuse and anger management groups, parenting, medication management, individual counseling.	(505) 326-7878 Mydesertview.org Counselors available in English and Spanish *accepts Medicaid, BCBS, Signa, and most insurances
<b>Family Crisis Center</b> 208 E. Apache St Farmington, NM 87401	Domestic violence counseling for survivors and/or perpetrators, counseling also available for child victims, women's support group.	(505) 325-3549  Counselors available in English, Navajo, and Spanish-
<b>Farmington Veteran Center</b> 4251 E. Main, Ste. A	Military Sexual Trauma Counseling, Readjustment Counseling,	(505) 327-9684

Farmington, NM 87402	Bereavement Counseling, Family Counseling	
<b>Cenikor Foundation</b> 1313 Mission Ave. Farmington, NM 87401	Residential, Intensive Outpatient, and Outpatient Aftercare services for the recovery from substance use, as well as co-occurring disorders.	(888) 236-4567
<b>Narcotics Anonymous</b>	Meeting Schedule Help Line for the surrounding areas: Aztec, Bloomfield, Durango, Farmington, Ignacio	(505) 324-1807
<b>New Mexico Treatment Services</b> 607 East Apache Street Farmington, NM 87401	Medication-assisted treatment	(505) 326-2012
<b>NM Crisis &amp; Access Line</b>	Professional Counselors/ Peers Supports are here for YOU	1 (855) 662-7474
<b>Across The Mind Mental Health</b> 3300 N. Butler, Ave #211 Farmington, NM 87401	Marriage and Family Therapy, Trauma Therapy, Adolescent Therapy, Anxiety, Depression, and Grief Counseling	(505) 608-7398
<b>Presbyterian Medical Services San Juan County Adolescent Residential Treatment Center</b> 851 Andrea Drive Suite 4, Bldg. E Farmington, NM 87401	Individual Therapy, Group Therapy, Intensive Family Therapy, Interactive Milieu Therapy, Social Skills Training, Psychiatric medication evaluation and treatment, Juvenile Court and Probation Consultation, Collateral programs, Serves ages 13-17	(505) 324-5855
<b>Second Chance Counseling</b>	In home services will be offered at a minimum of one time per week based on client and family needs. Services are rendered by a specially trained clinical therapist; utilizing empirically researched best practices to prevent youth violence and sexual harm.	(505) 427-1621

## Mental & Behavioral Health Services (continued)

Department	Services Provided	Phone Number
<b>Total Behavioral Health Authority</b> 1615 Ojo Court Farmington, NM 87401	Case management services, individual counseling, Intensive	(505) 564-4804 M-F 7-5 pm Sat 7:30-3:30 pm

	Outpatient Program and referral to residential treatment programs.	
<b>Rebecca Jasper and Associates</b> 2901 E 20 <sup>th</sup> St Farmington, NM 87402	Psychotherapy, life coaching, drug and alcohol abuse counseling and Employment Assistance Program to individuals and companies in the Four Corners area.	(505) 325-8356 (505) 326-0241 M-F 10-5 pm
<b><u>SHIPROCK</u></b>		
<b><u>Northern Navajo Medical Center</u></b> Hwy 491 North Shiprock, NM 87420		
<b>Department of Behavioral Health</b> Will need to complete a physical, lab work (Hepatitis, HIV, TB skin test with results) Have ID, SS card, and CIB	Clinical Treatment, Individual & Group Psychotherapy & Education, Family Therapy, Native Traditional Diagnosis/Healing Ceremonies, Faith-based Counseling & Spiritual Education, Health Monitoring, Community Outreach and Prevention	Intake Contact: (505) 368-1574 Outpatient Contact: (505) 368-1050
<b>Iina Counseling Services</b> Lower Floor of the West Wing  Walk ins M, T, TH, F 8:00am –4:30 pm Wednesdays 8:00 am – 12:00 pm  Have chart established there accepts Non Native Refer services out to Totah, Choice, and Desert View	Outpatient therapy, Anger Management Group, Day Treatment, Pharmacotherapy, Inpatient Hospitalization, Psychiatric/Psychological Evaluation, Depression Support Group, Grief & Loss Therapy Group, Veteran's Support Group	(505) 368-7301/7302
<b>Medical Social Work</b>		(505) 368-7280
<b>Navajo Nation Division of Behavioral Health and Mental Health Services</b>	Outpatient services for mental health and substance abuse, adult men residential treatment  Substance Abuse Education and Counseling, Group and Individual Psychotherapy, Traditional Healing and Cultural Educational, Family Counseling and Education, etc.	Front desk: (505) 368-1438 Central Intake: (505) 368-1050
<b><u>Towaoc</u></b>		
<b>Moguan Behavioral Health</b> 118 Spruce St. Towaoc, CO 81334	Individual and Group Outpatient Counseling and Addiction Services	(970) 238-6701

<b>National Suicide Prevention Initiative</b> <a href="http://suicidepreventionlifeline.org">suicidepreventionlifeline.org</a>		1(800) 273-TALK (8255)
<b>NACRA Suicide Crisis Phone Tree</b> Attempt Ideation Threats of Suicide Help is on the Way	Shiprock Police District Criminal Investigation Department Crisis Team Management NNMS Emergency Room Shiprock Fire Department	(505) 368-1350/1351 (505) 368-1300 (928) 551-0508 (505) 368-6600 (505) 368-6175
<b>Farmington</b>		
<b>Presbyterian Medical Services Farmington Community Health Center</b> 1001 – D West Broadway Farmington, NM 87401	Counseling Services, Medical, Psychiatry, and Dental	(505) 327-4796
<b>Desert View Family Counseling Services</b> 6100 E. Main St. Farmington, NM 87402	Individual and Family Counseling, Trauma Services, Play/Sand Therapy. Individual and Group Substance Abuse, Truancy Court, Family Support Services, Adult Groups, Adolescent Groups, Outreach, Crisis Response Team, LGBTQ counseling, Urine Analysis, Eye Movement Desensitization and Reprocessing	(505) 326-7878
<b>Choices Counseling Services</b> 313 W Apache Farmington, NM 87401	Individual Counseling, Family Counseling, Marriage Counseling, Children’s Counseling	(505) 325-5321 Accepts NM Medicaid
<b>Awareness Counseling Services</b> 414 Schwartz Farmington, NM 87401	Counseling Services	(505) 325-5475
<b>Overcomers Counseling</b> 501 Airport Drive Ste 206 Farmington, NM 87401	Drugs and Alcohol Counseling Services	(505) 327-0293
<b>Juvenile Justice Assessment Center</b> 851 Andrea Drive Farmington, NM 87401	Juvenile Detention Center	(505) 324-5800
<b>Sycamore Park Community Center</b> 1051 Sycamore St. Farmington, NM 87401	Community Center, Headstart, Parenting, Counseling	(505) 566-2480
<b>Hope that Helps</b>	Like many other diseases, alcoholism affects you physically, mentally.	Arlene Pioche (505) 368-6820

Help for taking control of your drinking. Alcohol & Substance Abuse Program NNMC	Both your body/mind have to be treated. Treatments can help you change your behavior and cope with your problems w/out using alcohol.	Ray Paytiamo (505) 368-6821
<b>The Sobering Center Program</b> Mailing address: P.O. Box 5190 Farmington, NM 87401 Physical address: 1620 Ojo Court Farmington, NM 87401	The Sobering Center is a person-centered crisis intervention program designed for adults in SJC who are suffering from an episode of alcohol &/or substance overuse.	(505) 609-3520
<b>Attention Deficit Disorder</b>	For more info visit:	<a href="http://www.adhdnew.com">www.adhdnew.com</a>
<b>San Juan County Adolescent Residential Treatment Center</b> 851 Andrea Drive, Suite 4, Bldg. E Farmington, NM 87401	A 16-bed psychiatric residential treatment facility for boys and girls ages 13-17 who are suffering with a wide range of emotional and behavioral problems.	505-324-5855
<b>San Juan Health Partners Behavioral Health</b> 555 S. Schwartz Ave Farmington, NM 87401	Behavioral Health, Adult Psychiatry, Child Adolescent, Medication, Counseling	505-609-6680
<b>Four Winds Recovery Center</b> 1313 Mission Ave Farmington, NM 87401	Individualized treatment planning, substance abuse education, daily living skills education, group therapy, family education. Residential Treatment Program for 31 days.	(505) 327-7218
<b>Laravee Counseling Services</b> 3300 N Butler Ave Ste 202 Farmington, NM 87401 111 W Chaco Ave Aztec, NM 87410	Women's group, Bereavement group, Grief and trauma counseling.	(505) 327-7582 (505) 908-9326
<b>Gallup</b>		
<b>GIMC Behavioral Health Services</b>	Therapeutic services for individuals, couples, and families. Substance abuse counseling	(505) 722-1571
<b>Navajo Nation Division of Behavioral Health and Mental Health Services</b> 300 W Nizhoni Boulevard Ste. A Gallup, NM 87301	Alcohol and Substance Abuse Program, Mental Health	(505) 722-9470/9394
<b>Rehoboth McKinley Christian Hospital Behavioral Health Services Outpatient Clinic</b> College Clinic 2111 College Drive	Counseling Services, Individual, family and couples counseling, treatment provided by licensed clinicians.	(505) 726-6910



Gallup, NM 87301		
<b>Western New Mexico Medical Group (PMS)</b> 2025 E Aztec Gallup, NM 87301	Medication Management, Case Management, Psycho-social rehab program  Behavioral Health	(505) 863-3828  (505) 325-0238
<b>Alliance of Gallup</b> 208 Nizhoni Boulevard Gallup, NM 87301	Drug Testing and Counseling	(505) 722-9596 or 1-800-327-9596
<b>McKinley County Intensive Outpatient Treatment Program</b> (temporary physical address)	Intensive Outpatient (90 day program), Group Therapy, and Individual Counseling	(505) 863-1422
<b>HOZHO Center for Personal Enhancement</b>		
216 W Maloney Ave Gallup. NM 87301	Brain injury peer support group Monday from 10am to noon Celebrate Recovery Group is from 1-3pm . 6-8pm Recovery Support Tuesday is Acupuncture Detox 12:30pm-2pm. Recovery Circle 1:30-3pm. Motherhood/ Fatherhood Group 5:30pm-730pm. 6pm-8pm Recovery Support Wednesday is Energy Healing 1pm-2:30pm. 6pm-8pm Recovery Support Thursday includes Recovery 10am-12noon. 6pm-8pm Recovery Support and NA Group 6:30pm-730pm. Friday NCI Detox Center Brain Injury Trauma Stress Addiction Awareness group from 10am to Noon. Saturday's are rental for community events, meetings and celebrations. Sunday's are 10am Men's Sweat Lodge and 3pm Women's Sweat Lodge.  Our facility is available for celebrations and workshops, graduations and parties per reservation. Please contact our office for inquires. <b>Hozho Center is a Tax Exempt 501(c)(3) Charitable Organization</b>	Phone/Fax (505) 870-1483 Email: <a href="mailto:hozhocenter@gmail.com">hozhocenter@gmail.com</a>

## Dental & Vision Care

<b>Dental Care</b>	
Crownpoint Dental Clinic	(505) 786-6283
Dzilth-NA-O-Dith-Hle Dental Clinic	(505) 368-8080 1-855-687-3942
NNMC(Shiprock)- Dental Clinic	(505) 368-6370
PMS(Farmington)- Dental Clinic	(505) 327-4796
San Juan College-Dental Clinic	(505) 566-3126
GIMC- Dental Clinic	(505) 722-1561/1560
Four Corners Regional Health Center- Dental Clinic	(928) 656-5200
<b><u>Dentists</u></b>	
Animas Pediatric Dental Group 2650 Pinon Frontage Rd# 200 Farmington, NM 87402	(505) 599-9359 <b>Appointments: <a href="http://smilesavvy.com">smilesavvy.com</a></b>
Four Corners Family Dental (Dr. Tyler Mann)	(505) 564-4470
Four Corners Orthodontics & Dental (Dr. David Herman)	(505) 564-9000
Jack O Smalley	(505) 327-3331
Red Rock Dental	(505) 436-3569
Orthodontic Inc.	(505) 325-8858
Sundance Dental Care of Farmington	(505) 327-9161
Thompson Dental Group	(505) 675-0059/ (505) 327-6233

<b>Vision Care</b>	
<b><u>IHS Clinics</u></b>	
Dzilth-NA-O-Dith-Hle Optometry Clinic	(505) 960-7836
Four Corners Regional Health Center Eye Clinic	(928) 656-5020
Northern Navajo Medical Center-Optometry	(505) 368-7115
Ute Mountain Ute Service Unit-Optometry	(970) 565-4441 ext: 232
<b><u>Providers</u></b>	
<b>Farmington</b>	
Classic Eyewear	(505) 326-2020
Eye Associates of New Mexico	(505) 325-4003
Eyemart Express	(505) 326-7800
Skyview Eye Care	(505) 325-7070
Vision Mart	(505) 325-2020
Walmart Vision & Glasses	(505) 327-4350
Stanton Optical	(505) 675-4350
<b>Cortez</b>	

Underwood Optical	(970) 565-7195
Nelson Craig	(970) 565-7200
Bryce Tanner	(970) 565-2020

## Tribal Human Health Service Resources

<b>Shiprock Chapter House</b>	(505) 368- 1081
<b>Shiprock NTUA office</b>	(800) 528-5011
<b>NN Division of General Services Insurance Services Department Box 9000 Window Rock, 86515 Administrative Building #1, 2<sup>nd</sup> floor, South West</b>	(928) 871-6514
To protect the NN employee & property through education & training on safety methods & procedures to follow while performing tasks.	

<b>Navajo Nation Program for Self-Reliance (Farmington)</b>	(505) 278-8190
<b>Temporary Financial Assistance for Families in Need</b>	
Support Services include: worksite related expenses, books, tuition, school supplies, fees and expenses needed to acquire and retain employment, and transportation expenses,	

<b>Shiprock Workforce Development</b>	<b>(505) 368-1094</b>
Offers educational services and job training activities for eligible youths and adults to provide efficient and courteous employment and training services.	

<b>Shiprock Office of Vital Records (CIB)</b>	<b>(505) 368-1334</b>
Nataani Nez Complex, Shiprock, NM 87420 (southwest of the Post Office)	
❖ <b>CIB applications are accepted M-F 8am-10am or 1pm-3pm</b>	
<ul style="list-style-type: none"> <li>• Need baby's birth certificate</li> <li>• Driver's License of parent filling out the application</li> <li>• Need birth certificate of both parents</li> <li>• Marriage license if married</li> </ul>	

<b>Red Eagle Challenge Ropes Course</b>	<b>(505) 368-6318</b>
Northern Navajo Medical Center Health Promotion-Disease Prevention N. HWY 491, PO Box 160 Shiprock, NM 87420 For more information, Contact: Orlando J. Pioche Email: <a href="mailto:Orlando.pioche@jhu.gov">Orlando.pioche@jhu.gov</a>	

<b>Navajo Forestry Department</b>		<b>(928) 729-4007</b>
Tse'Bit' Ai Propane PO Box 1806 Shiprock, NM 87420 Phone # (505) 368-5001 Fax #: (505) 368-5018		
<b>Navajo Treatment Center for Children &amp; Their Families</b>		
Mailing address: NTCCF Administration Office P.O. Box 1967 Window Rock, AZ 86515	Physical address: 2296 Administration Building #2 2 <sup>nd</sup> Floor Division of Social Services Window Rock Boulevard Window Rock, AZ 86515	Fax: (928) 871-6176
Antoinette Miller, Program Manager I		(928) 871-6818 Email: <a href="mailto:almiller@navajo-nsn.gov">almiller@navajo-nsn.gov</a>
RaNaye Badonie, Admin. Service Officer		(928) 871-7673 Email: <a href="mailto:rbadonie@navajo-nsn.gov">rbadonie@navajo-nsn.gov</a>
Racena Johnson, Office Specialist		(928) 871-7679
<b>Chinle NTCCF Clinic</b>		
Mailing address: P.O. Box 1000 Chinle, AZ 86503	Navajo Route 7 BIA Building 136  Room C9 Chinle, AZ 86503	Fax: (928) 674-5740 (Chinle DFS Fax Number)
Beau Harvey, Family Therapist		(928) 674-2201 Email: <a href="mailto:bharvey@navajo-nsn.gov">bharvey@navajo-nsn.gov</a>
Lynn Yellowhair, Office Specialist		(928) 674-2050
<b>Crownpoint NTCCF Clinic</b>		
Mailing address: P.O. Box 638 Crownpoint, NM 87313	Physical address: HWY Junction 371 Navajo Route 9 Shopping Center Suite 2 Crownpoint, NM 87313	Fax: (505) 786-2421
Mavis Smith, Family Therapist		(505) 786-2333 Cell: (928) 205-3427 Email: <a href="mailto:msmith@navajo-nsn.gov">msmith@navajo-nsn.gov</a>

Melantha Morgan, Office Specialist		(505) 786-2420 Email: <a href="mailto:mmorgan@navajo-nsn.gov">mmorgan@navajo-nsn.gov</a>
<b><u>Fort Defiance NTCCF Clinic</u></b>		
Mailing address: P.O. Box 1789 Fort Defiance, AZ 86504	Physical address: Kit Carson Road (across from Scouts Fieldhouse) Next door to Church of Christ Fort Defiance, AZ 86504	Fax: (928) 729-4285
Leonard Shirley Jr., Clinical Family Therapist		(928) 729-4441 Email: <a href="mailto:ls Shirley@navajo-nsn.gov">ls Shirley@navajo-nsn.gov</a>
Wilfred Moses, Traditional Practitioner		(928) 729-4281 Cell: (928) 205-3425 Email: <a href="mailto:wmoses@navajo-nsn.gov">wmoses@navajo-nsn.gov</a>
<b><u>Kayenta NTCCF Clinic</u></b>		
Mailing address: P.O. Box 10 Kayenta, AZ 86033	Physical address: Kayenta Business Center (Old primary school) Room 215 Kayenta, AZ 86033	Fax: (928) 697-5562
Kenny Victor, Family Therapist		Cell: (928) 206-9406 Email: <a href="mailto:kvictor@navajo-nsn.gov">kvictor@navajo-nsn.gov</a>
<b><u>Shiprock NTCCF Clinic</u></b>		
Mailing address: P.O. Box 4001 Shiprock, NM 87420	Physical address: Building 24 BIA Road 531 SW of Wells Fargo Bank Shiprock, NM 87420	Fax: (505) 368-1192
Anthony M. Begay, Family Therapist		(505) 368-1193 Cell: (928) 205-3069 Email: <a href="mailto:ambegay@navajo-nsn.gov">ambegay@navajo-nsn.gov</a>
Rosebella Johnson, Treatment Coordinator		(505) 368-1191 Email: <a href="mailto:rosebellajohnson@navajo-nsn.gov">rosebellajohnson@navajo-nsn.gov</a>
<b><u>Tuba City NTCCF Clinic</u></b>		
Mailing address: P.O. Box 2199 Tuba City, AZ 86045	Physical address: Main Street	Fax: (928) 283-3279

	NE of Tuba City Chapter House White Modular Building Tuba City, AZ 86045	
Lynn D. Fowler, Family Therapist		(928) 283-3270 Cell: (928) 206-9405 Email: <a href="mailto:lworker@navajo-nsn.gov">lworker@navajo-nsn.gov</a>
Phil R. Begay, Treatment Coordinator		(928) 283-3269 Email: <a href="mailto:prbegay@navajo-nsn.gov">prbegay@navajo-nsn.gov</a>

## Legal Services Resources

Department:	Phone Number:
<b>DNA – People’s Legal Services</b> Law Access of NM Free telephone legal helpline for low income NM with civil legal problems	(505) 325-8886 <a href="http://www.lawhelpnewmexico.org">www.lawhelpnewmexico.org</a>
<b>Notary Fabian Tsosie</b> <b>Located at NECA</b> 1 Uranium Blvd PO Box 969 Shiprock, NM 87420	(505) 210-7070  <a href="mailto:info@navajo.net">info@navajo.net</a>  Charges \$5
<b>Notary Shiprock Wells Fargo</b> <b>Gail Benally</b> NO Charge for Notary	(505) 368-4375
<b>Shiprock Navajo Injury Law</b> Notary available	(505) 368-4200 Charges \$3
<b>Notary Public for State of NM County of San Juan</b> Lorraine Charlie Gloria John Circle W store (M-F, 8 am-3pm) Alisa Kimble	(505) 793-5656 (505) 801-6072  (505) 598-9179
<b>CCSD- Central Consolidated School District Notary</b> No charge, only for Central Consolidated School Purposes (Not open to the public)	(505) 368-4984
<b>Northern Navajo Medical Center Notary</b> No charge, only for NNMC Purposes (Not open to the public)	(505) 368-6001
<b>NN Department of Fish &amp; Wildlife Law Enforcement Program</b>	(928) 871-6451

P.O. Box 1480 Window Rock, AZ 86515 Email: <a href="http://www.ndfw.org">www.ndfw.org</a>	
<b>NN Safety Loss/Control Program</b> Safety at Work P.O. Box 1690 Window Rock, AZ 86515 <a href="http://www.HealthyLearn.com">www.HealthyLearn.com</a>	NIOSH (800)232-4636  OSHA (800) 321-6742
<b>Native American Disabilities Law Center</b> 905 W. Apache Farmington, NM 87401 Free legal service for Native Americans and must have disability	(505) 566-5880
<b>Navajo Natio Peacemakers</b>	(505) 368-1276

## Food & Nutrition Services

Department:	Phone Number:
<b>Cortez WIC office:</b> 106 West North St. Cortez 81321	(970) 565-3056
<b>Farmington Independent School District Food Stamp Office:</b> 101 West Animas St. Farmington 87401	(505) 566-9600
<b>NM Department of Health</b>	1(800) QUITNOW 1-800-784-8669 Free Help quitting tobacco 24 hours a day, 7 days a week
<b>People Assisting the Homeless (PATH) Daily Bread Program</b> 520 Hydro Plant Rd. Farmington, NM 87401	(505) 327-0956 To provide a free hot nutritious meal for those in need.
<b>Navajo Nation WIC- Farmington office:</b> 138 Giles Avenue Farmington 87401	(505) 327-9951
<b>Food Distribution Program:</b> Kirtland, NM Teec Nos Pos, AZ	(505) 598-9736 (928) 656-3650

<b>Bridge Emergency Shelter</b> <b>Homeless Shelter:</b> Temporary address 24 N Chestnut St. Cortez, Colorado 81321	(970) 565-9808
<b>Montezuma County Department of Social Services Food Stamp Office:</b> 109 West Main St. Cortez CO 81321	(970) 565-3769
<b>Navajo Food Access Navigation Program:</b> S Highway 491 Shiprock, NM 87420	(505) 368-1420
<b>Navajo Nation WIC- Shiprock office:</b> Located on the south side of NNMC	(505) 368-1135
<b>State of New Mexico WIC Program:</b> 742 West Animas St. Farmington 87401	(505) 327-6263 1-866-867-3124 <a href="http://www.nmwic.org">www.nmwic.org</a>
<b>San Juan County Public Health WIC office:</b> 355 South Miller Avenue Farmington 87401	(505) 327-6263
<b>New Mexico WIC Program</b> <a href="http://www.nmwic.org">www.nmwic.org</a>	Bloomfield Office – (505) 634-0324 Farmington Office – (505) 327-6263
<b>Tribal Turning Point TTP</b> A Diabetes Prevention Program for Native Youth in Shiprock IHS Service Area	Debra Yazzie – (505) 368-6407 <a href="mailto:debra.yazzie@ucdenver.edu">debra.yazzie@ucdenver.edu</a> Eugena Armijillo – (505) 368-6338 <a href="mailto:Eugena.armijillo@ucdenver.edu">Eugena.armijillo@ucdenver.edu</a>
<b>ECHO, Inc.</b> Office address: 1921 E Murry Farmington, NM 87401 Food bank: 401 S. Commercial Farmington, NM 87401	(505) 325-7466
<b>Navajo Nation WIC Nutrition Program</b> P.O. Box 129 Shiprock, NM 87420	(505) 368-1135



# Child Care Services

<b>Child Youth and Families Child Care Assistance Program</b>	<b>(505) 325-0820</b>
2800 Farmington Avenue Farmington, NM 87401	
<p>New Mexico Children, Youth, and Families</p> <p>The child care assistance program offers assistance with the costs of child care based on the size of your family and your family's income. The assistance payment will be issued directly to the child care provider. You may be responsible for a co-payment based on your need determination. A list of child care providers is available.</p> <p>Items needed to establish eligibility for child care assistance:</p> <ul style="list-style-type: none"> <li>• Current proof of earned and unearned income (including child support) for applicant and biological parent living in the household, if applicable.</li> <li>• School schedule, if applicable, for applicant and biological parent living in the household.</li> <li>• Verification of birth for all applicant children.</li> <li>• Proof of residency.</li> <li>• Name, address, and phone number of the child care provider selected (for new registered home providers, the provider's social security card and picture ID are needed.)</li> </ul>	

<b>List of Child Care Facilities</b>	
<b>**Call for child care fees for Part Day Service or Full Day Services</b>	
<b>Shiprock</b>	<b>*4 months to 12 years old</b>
Alichini Nizhoni Child Care	(505) 368-1189
Hogback Child Care	(505) 368-2742
Two Grey Hills Child Care	(505) 789-3102
Covenant Education Center	(505) 354-4600
Career Prep/Shiprock High	(505) 368-4980
Navajo Nation Child Care and Development Fund Program NNCCDF-Shiprock Region Casework Unit P.O Box 837 Shiprock, NM 87420	<p>The child care centers offer services to children from ages 4 months to 13 years of age; the ages vary by tribal child care centers. The centers are opened from 7:30 a.m. to 5:30 p.m., Monday to Friday. Short-term services are available, based on availability of space. The centers promote learning and development in the following areas: social, emotional, physical, languages and cognitive in a healthy and safe environment. The children are also provide nutritious meals and snacks. Direct Line: (505) 368-1518 Fax: (505) 368-1588</p>

<b>Farmington</b>	<a href="http://childcarecenter.us/new_mexico/farmington_nm_childcare">http://childcarecenter.us/new_mexico/farmington_nm_childcare</a>
<b>Bloomfield</b>	
Bloomfield Early Childhood Center	(505) 634-3883 * 18 months to 4 years Preschool Education/PMS Head Start Program
<b>Towaoc</b>	
Ute Mountain Child Developmental Center	(970) 564-5323
<b>Cortez</b>	<a href="http://monteloresecc.org">http://monteloresecc.org</a>

## Domestic Violence & Sexual Assault Services

Department	Services Provided	Phone Number
<b>National Domestic Violence Hotline</b>	We provide confidential, one-on-one support to each caller and chatter, offering crisis intervention, options for next steps and direct connection to sources for immediate safety. The Hotline is an excellent source of help for concerned friends, family, co-workers and others seeking information and guidance on how to help someone they know.	1-800-799-SAFE (7233)
<b>Family Crisis Center</b> 208 West Apache Street Farmington, NM 87401	24 hour crisis hotline, counseling, education, and therapy for women, men, teens and children whose lives have been touched by domestic and dating violence.	(505) 325-3549  24 Hour Hotline: (505) 564-9192 (888) 440-9192
<b>Navajo United Methodist Center: New Beginnings</b> 1200 West Apache Street Farmington, NM 87401	Transitional housing/shelter for up to one year.	(505) 325-7578
<b>Sexual Assault Services of Northwest New Mexico (SASNNM)</b> 622 West Maple St. Suite H Farmington, NM 87401	Help overcoming sexual assault situations through physical exams from a certified nurse, crisis advocacy and support counseling, and medical care as needed  Also provides counseling for suicidal behavior free of charge for unlimited duration of time.	(505) 325-2805 Hotline: (505) 326-4700 1-866-908-4700

<b>Strengthening Family Program Shiprock</b>	Crisis Intervention and assistance into local shelters	(505) 368-1157
<b>San Juan Court Appointed Special Advocates (CASA)</b> 815 West Apache Farmington, N.M. 87401	A Court Appointed Special Advocate is trained, community volunteer, appointed by a judge to represent the best interests of the child in court. Once a CASA is appointed to a cause he/she becomes an official part of the judicial proceeding, working with attorneys and social workers as an appointed officer of the court.	(505) 325-5358
<b>Sexual Assault Services of Northwest New Mexico</b> 622 West Maple Ste H Farmington, NM 87401	Medical Forensic Exams performed by Sexual Assault Nurse Examiners (SANE) for the purposes of assessing medical and forensic needs of sexual assault survivors. Services include: STD prevention, pregnancy prevention, forensic evidence collection, injury documentation.	(505) 325-2805 Hotline: (505) 326-4700 Toll Free Hotline: (1-866-908-4700)
<b>Coalition to Stop Violence Against Native American Women</b>	The Coalition to Stop Violence Against Native American Women provides sexual violence education & awareness to NM tribal communities and training for sexual assault service providers and advocates. CSVANW works with a network of providers to connect victims of sexual assault to care and support services across the state.	(505) 243-9199 <a href="http://www.csvanw.org">www.csvanw.org</a>
<b>Counseling &amp; Support Rape Crisis Center of Central New Mexico</b>	Services are FREE and include counseling, referrals, advocate support when receiving care, and legal information.	24-hour Hotline: (505) 266-7711
<b>Medical Albuquerque Sexual Assault Nurse Examiners</b>	Services are FREE and include medical/forensic exam after an assault, pregnancy & STD prevention, referrals to support services, and assault documentation.	24-hour Hotline: (505) 884-SANE (7263)
<b>Battered Families Services 207 South Strong Gallup, NM 87301</b>	Emergency shelter, Non-residential services, Legal advocacy, Support groups, Batterer intervention program, Community outreach. Domestic Violence Shelter-Emergency shelter for victims of domestic violence, 24 hour crisis line Services for Adolescent and Adult victims of Domestic Violence.	(505) 722-7483 (crisis line of Gallup) (800) 634-4508 (outside of Gallup)

# Family Services

Department	Phone Number
<b>Suicide Prevention Life Line New Mexico Crisis &amp; Access Life</b>	1-855-662-7474 Open 24/7
<b>United Way of New Mexico-211</b> <b>San Juan United Way</b> PO Box 323, 903 W. Apache Farmington, NM 87499	505-326-1195 Fax: 505-326-0210
<b>NewMexicoKids.org</b> The NewMexicoKids.org website was created in 1996 as a portal for New Mexico families and early care and education personnel to find information for early childhood professional development, training and technical assistance, child care referrals and child development information	NewMexicoKids.org
<b>PullTogether.org</b> For those living outside San Juan County visit this website and look for your county and it will provide you with list of community resources. PullTogether is about enlisting parents, families, community members, and young people in the fight to make sure our children are safe, cared for, and ready to succeed.  Give a child a voice. Report suspected child abuse or neglect:	PullTogether.org 1-800-691-9067  Call #SAFE from a cell phone 1-855-333-SAFE (7233)
<b>Grace Place Pregnancy and Health Center</b> 4801 N. Butler, Suite 3102 Farmington, NM 87401 Offers a variety of services which include confidential pregnancy tests with 24 hour hotline, pregnancy options, education and support, parenting program, and material services. Etc.	(505) 327-4747
<b>Presbyterian Medical Services</b> <b>Roundtree Children's Developmental Services</b> 620 Dekalb Road Farmington, NM 87401 Provides early intervention to all San Juan County families with children birth to three who exhibit a delay, maybe at risk for delay, or who are involved with the New Mexico Children's Youth and Families Department.	(505) 327-7720
<b>Presbyterian Medical Services</b> <b>Home Visiting Program</b> 608 Reilly Avenue Farmington, NM 87401 Serves parents and caregivers of children through five years of age. This includes adoptive and teen parents, as well as expectant parents. Provides educational services and child development guidance; to ensure that babies are born healthy; children are	(505) 960-4889

physically, emotionally, and mentally healthy; children are safe; children and parents have a nurturing relationship; the parents and caregivers are connected to formal and informal supports in the community; and children are ready for school.	
<b>Presbyterian Medical Services</b> <b>Project SHIELD Community Inclusion Services</b> Project Shield is committed to providing developmentally disabled adults residing in San Juan County the opportunity to live meaningful lives. Services include Customized Community Supports Group (formerly Day Habilitation), Community Integrated Employment, non-medical transportation services, and vocational and life skills training.	(505) 325-8931
<b>New Mexico Child Safety Seat Distribution Program</b> 9400 Holly Avenue NE, Suite 201 Albuquerque, NM 87122 Provides education and instruction on child safety seat use and installation at hospitals and healthcare facilities statewide. The program also allows for limited distribution of reduced-cost car seats and booster seats to low-income families who meet program requirements	(505) 332-7707
<b>Big Brothers and Big Sisters of San Juan County</b> 308 N Locke Ave. Farmington, NM 87401 Community based program: Share activities with a child that you both enjoy in the community. You will enjoy these activities two or three times a month with your little brother/sister. School based program: Locally based at elementary schools and enjoy share activities with your little brother/sister each week.	(505) 326-1508
<b>Boys Scouts of America- San Juan Mtn. District-Great Southwest Council</b> 5841 Office Boulevard NE Albuquerque, NM 87109 200 Educational Programs to choose from: Cub Scouts, Boy Scouts, Varsity, Scouts, Ventures, Explore Post (Career Orientated) and Family Oriented Programs.	(505) 345-8603 Toll Free (800) 368-9218 Fax: (505) 345-4201 Scout Shop Fax: (505) 345-3193
<b>Boys and Girls Club of Aztec</b> 107 S. Simonds Aztec, NM 87410 After School Programs- Smart Moves, Kids in Control, Nike Challenge, Arts & Crafts, Gym & Game Room, Project Learn, Computers, Ultimate Journey Environmental Education, Goals for Growth, SMART Girls, Talking with TJ, Karaoke. 6 years old to 5 <sup>th</sup> Grade	(505) 334-8861
<b>Boys and Girls Club of Bloomfield</b> 701 S. 2 <sup>nd</sup> Street Bloomfield, NM 87413 After School and Summer Youth Development Programs: Health and Life Skills, The Arts, Sports Fitness and Recreation, Education and Career Development, Seasonal Sports, Game Room, Computer Technology Center, Lounge 5-18 years old	(505) 632-0123
<b>Boys and Girls Club of Farmington</b> 1925 Positive Way Farmington, NM 87401	(505) 327-6396

Health and Life Skills, The Arts, Sports, Fitness and Recreation, Club Programming-Basketball, Volleyball, Summer Programs, Football, Music, and Digital Arts. 6-18 years old	
<b>Birthright Crisis Pregnancy Center</b> 609 N. Butler Farmington, NM 87401 Crisis Pregnancy Counseling, Free Pregnancy Tests, Baby Clothing-including diapers and formula, Referrals to medical assistance.	(505) 327-9000
<b>Capacity Builders, Inc.</b> A local non-profit organization whose goal is to eliminate teen pregnancy on the Navajo Nation and in the Four Corners area. We invite youth, ages 12-19, to help us achieve this goal by participating in our Navajo Youth Builders (NYB) program.	(505) 326-4245
<b>Central Consolidated School District #22</b> <b>Pre-K: 4 Year Old Preschool</b> The Pre-K Preschool program is designed to help prepare children for kindergarten. Open to all children turning four years old by August 31 of the current school year.	(505) 598-4550
<b>Central Consolidated School District #22</b> <b>Exceptional Program – Preschool</b> The DD Preschool provides early childhood special education and related services to preschool age children. Children must be identified with an exceptionality to the eligible for the program. Open to children 3-5 years old with special needs that live within Central Consolidated School District.	(505) 368-5163
<b>Shiprock Parents as Teachers (PAT)</b> The PAT program is a parent education program based on the philosophy that a parent is his/her child's first and most influential teacher. The program focuses on family strength and offers parents information and activity ideas that support their child's development in four areas: language, intellect, social-emotional, and motor skills.	(505) 368-4984
<b>Child Support Enforcement Division</b> The mission of the CSED is to assist single families in reaching economic self-sufficiency through the location of non-custodial parents, establishment of paternity, and the establishment and enforcement of court ordered child and medical support, interstate services, and review and adjustment of support.	(505) 327-6074
<b>Children, Youth and Families Department – Protective Services</b> Receive and investigate reports of child/adult abuse, neglect, or exploitation.	(505) 327-5316
<b>Children's Medical Services (CMS)</b> CMS offers service coordination, specialty clinics and medical coverage for persons ages birth to 21, with chronic illnesses or medical conditions that require surgical or medical treatment and limit their activity.	(505) 327-7606
<b>Choices Counseling Service</b> Stress counseling, depression, grief counseling, ADD, ADHD, anger management, adolescent issues, and family counseling in the area of couples and marriage counseling.	(505) 325-5321
<b>Girl Scouts Chaparral Council, Inc.</b> Girl Scouts provides fun and educational activities for girls of every age that support their educational development while letting them form life-long friendships and memories. Serves ages 5-18.	(505) 252-3762
<b>Growing In Beauty</b>	(505) 368-1513

The Navajo Nation Growing in Beauty Program (GIB) collaborates with the New Mexico Department of Health and Early Intervention service providers to serve Navajo families who have infants and toddlers with developmental delays.	
<b>Juvenile Problem Solving Court</b> A court ordered four phase intensive outpatient treatment program for adjudicated youth. The program includes individual, group, and family counseling, random urinalysis, and alcohol testing, GPS monitoring, SCRAM Monitoring, life skills, community service, mentoring, Medicine Man Services, After-Care, ROPES Course, pro-social activities, mentoring, transportation, vocational preparation, and the educational component of Grade Court.	(505) 599-9112
<b>Kirtland Youth Associates, Inc</b> KYA offers an After-School Program, a Summer Program, and many sports programs open to any student in the community, grades 1-8. The KYA operates in two facilities, one in Kirtland, NM and the second in Ojo Amarillo, NM.	(505) 598-9156
<b>Navajo Area Agency on Aging</b> The NAA on A (NAAA) ensures that elders living in Navajo Nation receive available benefits and services to which they are entitled, and that these services are provided in a manner which preserve their dignity and self-respect. Home delivered meal and transportation services.	(505) 368-1251
<b>Navajo Treatment Center for Children and their Families</b> NTCC serves primarily victims (children) and secondary victims (parents and siblings), and/ or the non-offending parent/ siblings.	(505) 368-1191/1193 (Shiprock, NM)
<b>South West Care</b> NMAS offers medical case management, helping connect people with both medical and mental health care. The Four Corners office works with family members who are trying to adjust to the knowledge of a loved one who is living with HIV. Other support groups and resources are available to the LGBT Community.	(505) 327-7043
<b>New Mexico Department of Veteran Services</b> To be recognized as a premier agency that anticipates and meets the changing needs of New Mexico's veterans and their families.	(505) 265-1711 (505) 327-2861
<b>Partners Assisted Living Services, Inc.</b> Respite care, housekeeping, laundry, meal preparation, errands and transportation, medication reminders, companionship, Life Line Emergency Response.	(505) 325-9600
<b>Salvation Army</b> Religious services, WISE (Women In Search of Excellence), Correctional Services, Family Thrift Store, Food Pantry, Utilities Assistance Program.	(505) 327-5117
<b>San Juan Catholic Charities</b> Immigration and Citizenship, Drop In Center for Street People, Food Pantry, and Basic Needs.	(505) 325-3734
<b>San Juan Center for Independence</b> San Juan Center for Independence is a New Mexico, private, nonresidential, nonprofit corporation that serves people with disabilities. The purpose is to provide a variety of community-based, consumer-driven services to people with disabilities to promote independence, self-reliance, and integration into the community.	(505) 566-5827

<p><b>San Juan County Juvenile Services Center One Stop Multi-Disciplinary Center</b>  <b>Assessment Center:</b> Identify at-risk youth in the community in need of intervention, connecting families with resources, assist juveniles and their families with present crisis, facilitate collaboration and communication among all agencies, and, most importantly, avoid unnecessary detention of juveniles.  <b>Emergency Crisis Shelter:</b> Operates 24 hours a day, 7 days a week.  <b>Juvenile Detention:</b> The detention center provides a secure, safe, and structured setting for juveniles ages 13-18. Programming consists of daily Life Skills courses, Art classes, Health and Nutrition, and information classes are provided by the Department of Health.</p>	(505) 324-5800
<p><b>San Juan County Partnership</b>  A community action agency, facilitating collaboration and resource identification and sharing. The Partnership raises the awareness of prevention efforts, supports community planning activities and projects, serves as a forum for community input, networking and resource sharing and provides prevention programming.</p>	(505) 566-5867
<p><b>The ARC of San Juan County</b>  The ARC of San Juan County is a local private non-profit. We operate a thrift store where you can donate and shop of our mission. The mission of the Store is to maximize the value of your donation, so that we can provide local projects and programs addressing quality of life for people with developmental and/or intellectual disabilities and their families.</p>	(505) 326-6303 (505) 325-8998
<p><b>The Bloomfield Community Awareness Reaching Everyone Coalition (C.A.R.E)</b>  A group of community members interested in creating a better community for families living within the Bloomfield School District.</p>	Jessica Polatty (505) 632-8351
<p><b>The Healing Circle Drop-In Center</b>  Provides peer support counseling including: Life Skills Classes; Sisters In Circle Women's Group; Youth and Adult Support Groups; Recovery Support Groups; Natives in Sobriety classes; Traditional Cultural teachings; Fatherhood Motherhood classes; Other peer support services. They also host Alcoholics Anonymous Meetings</p>	(505) 368-4587 (505) 215-0814
<p><b>Tres Rios Chapter of Compassionate Friends</b>  A self-help support group for families who have lost child/children of any age for any reason. Meetings: 2<sup>nd</sup> Monday of each month at 6:30 p.m. at Northwest New Mexico Hospice &amp; Home Care</p>	(505) 860-9381 Virginia TCF of Tres Rios 865 N Dustin Farmington New Mexico 87401-2634 United States Email: tresriostcf@gmail.com



<b>Bags of Love</b> <b>2200 E. 20<sup>th</sup> Street</b> <b>Farmington, NM 87401</b> Bags of Love is designed to help ease the transition for children that are displaced from their homes. Bags of Love are delivered to local agencies charged with protecting children from abuse or neglect.	Ellen Stromeyer (Co-Director) 505-860-0340 Lillian Clopine (Co-Director) 505-787-9755
<b>Gallup Battered Family Services</b> <b>207 S. Strong Dr.</b> <b>Gallup, NM 87301</b>	(505) 722-7483 Toll Free: 1-800-634-4508
<b>Farmington Family Crisis Services</b> <b>208 E. Apache St</b> <b>Farmington, NM 87401</b>	(505) 325-3549
<b>Riversage Family Counseling</b> <b>Treating complex issues with strength and compassion</b> <b>765 E. College Dr. #2, Durango, CO 81301</b>	Lynne Rosenberg, LPC,LAC (414) 315-0897 <a href="mailto:lynne@riversagecounseling.com">lynne@riversagecounseling.com</a> <a href="http://www.riversagecounseling.com">www.riversagecounseling.com</a>

## Housing Resources

Department	Services Provided	Phone Number
<b>Emergency Shelter/TLC 4 Tots-in-Need &amp; Rio Esperanza Apartments</b> 520 Hydro Plant Rd. Farmington, NM 87401	To temporarily provide for the basic needs of homeless persons; to provide information, guidance and support services.	(505) 327-3104
<b>American Red Cross-Aztec, NM</b> <b>208 South Main Ave</b> <b>Aztec, NM 87410</b>	Armed Services: Emergency and Financial Assistance. Lifeline: Emergency communications systems living at home.	(505) 419-9945
<b>San Juan County: Housing Assistance for the Homeless</b> 100 W. Elm Farmington, NM 87401	Outreach services to identify, coordinate, and refer homeless persons and families to the appropriate service providers, while addressing their housing needs.	Angelina Martin Client Coordinator (505) 325-4214
<b>Gentle Ironhawk Shelter</b> PO Box 423 Blanding, UT 84511	Emergency Shelter to Domestic Abuse Shelter. Counseling options: Navajo Traditional, Western Mental Health, and	(435) 678-2445

	Faith-Based; In- house legal department and court translator training; and children's summer camp.	
<b>Renew Inc.</b> PO Box 169 Cortez, CO 81321	Safe house offers solace while providing necessary basic needs.	(970) 565-4886
<b>Navajo Lutheran Mission</b> PO Box 354, Hwy 191 One Mission Lane Rock Point, AZ 86545	Hozho Café free meals to community members and visitors and Emergency boarding to those in need.	(928) 659-4201
<b>Battered Family Services</b> <b>My Sister's House</b> (Shelter) 207 S Strong Gallup, NM 87301	Shelter for domestic violence victims, legal aid, therapist, outside resources (clothing and donations), and advocacy	(505) 722-7483 (505) 722-6389
<b>Na'nizhoozhi Center, INC (NCI)</b> 506 Frances St Gallup, NM	Substance Abuse Rehab Services	(505) 863-3869 (505) 722-9282
<b>Masada House</b> 610 N. Dustin Ave. Farmington, NM 87401	Transitional housing to serve people in San Juan County and surrounding areas who have achieved sobriety through approved inpatient or outpatient substance abuse treatment.	(505) 325-9205
<b>San Juan County Housing Authority</b> 7450 E Main St Ste C Farmington, NM 87401	The mission of San Juan County Housing is to promote adequate and affordable housing economic opportunity and a suitable living environment free from discrimination to all San Juan County Residents.	(505) 334-4544
<b>Home for Women and Children</b>		(505) 368-5124 Toll Free: 1-866-602-0002
<b>Tohdenasshai Shelter Home</b>		(928) 697-8591 Toll Free: 1-877-697-8591
<b>Chinle Safe House</b>		(928) 674-8314 Toll Free: 1-877-698-0899
<b>Page Shelter: Another Way</b>		(928) 645-5300

## Transportation Resources

Department	Phone Number
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<b>Farmington</b>	
<b>Care Express Transport</b> Accepts NM Medicaid and AZ access Call your health plan first: Amerigroup, BCBS, Evercare, Lovelace, Molina Salud, and United Health Plans	1-866-513-9922 Mon-Fri 7AM-8PM Sat 8AM-5PM Need at least 24 hour notice
<b>Navajo Transit System</b> <b>PO Box Drawer 1330</b> <b>Window Rock, AZ 86515</b>	(928) 729-4002 Toll Free (866) 243-6260 <a href="http://www.navjotransit.com">www.navjotransit.com</a> Fare Cost: \$2.00 per person, per day
<b>We Care Transportation- services are for state of NM only</b> Have ready: Medicaid ID Accepts United Healthcare Insurance, Presbyterian, Molina Salud	1-877-419-4300 (Non-emergency service 72 hour in advance) Mon-Sat 4AM-8PM
<b>Capacity Builder Lou Go's Transport</b> Free Transport: Call for confirmation Accepts: Medicaid, Private Insurance, Indian Health Service (inquire for more information)	(505) 324-6568 Mon-Fri Free Transport Call to confirm
<b>Four Corners Transportation</b> NM Medicaid Exempt, Presbyterian	(505) 947-1531 Flexible 24 hours on client needs
<b>Medicare Transport</b> Blue Cross/ Blue Shield, United Healthcare, Presbyterian, Molina, NM Medicaid	(505) 863-7429 24hrs/7days a wk Call 24 hours advance
<b>Cheii's Transport</b> Accepts: Blue Cross/Blue Shield, United Healthcare, Presbyterian, Molina, NM Medicaid	(505) 905-1295 Mon-Fri 8AM-5PM Call 48-72 hours in advance
<b>Native Resource Development</b> Accepts: United Healthcare, Presbyterian Molina, NM Medicaid	1 (888) 878-7433 Flexible 24 hours on client needs Call 48 hours in advance

## Physical Health Resources

Name	Type	Phone Number
<b>SHIPROCK</b>		
Partners for Wellness	Fitness Center, Group Classes, Personal Coaches, Just Move It M to F 6:30am-9:30am, 10:30 am-1:30pm, 4:00pm-7:00pm	(505) 368-6306

Dine College Gym North Campus 1228 Yucca Street Shiprock, NM 87420	Weight/Cardio Room, Gym Court, Indoor Climbing Wall	(505) 368-3533 Summer: M-F 8am-5pm
Red Eagle Challenge	Ropes Course, rafting, rappelling, hiking, mountain biking	(505) 368-6318
Office of Dine Youth	Afterschool and Summer Program Sports	(505) 368-1125
Shiprock Pool	Swimming, water exercises	(505) 368-5088
Women, Infants, and Children Program	Prenatal Nutrition & Nutrition Classes	(505) 368-1135
<b>KIRTLAND</b>		
Kirtland Youth Association	Afterschool Program (Fall and Spring), Summer Youth Program, Summer Youth Employment Program, and Sports4	(505) 598-9156
Kirtland Pool	Swimming, water exercises, Lessons	(505) 598-6868
Kirtland Central High School	Weight Room	(505) 598-5881
<b>FARMINGTON</b>		
Farmington Recreation Center	Volleyball, basketball, racquetball, wally ball, fitness classes	(505) 599-1184
Sycamore Park Community Center	Gym, basketball, fitness classes	(505) 566-2480
San Juan College Health & Human Performance Center	Indoor climbing wall, indoor track, weight and cardio room, indoor gym, sports, personal trainers and fitness classes	(505) 566-3410
Farmington Aquatic Center	Swimming, water exercises, lessons	(505) 599-1167
Lions Pool	Swimming, water exercises	(505) 599-1187
FOUR CORNERS REGIONAL HEALTH CENTER	Fitness camps, exercise activities, fitness classes	(928) 656-5000
UTE MTN RECREATION CENTER	Swimming, weights/cardio room, sports and gym, fitness classes, personal coaches	(970) 564-5360
<b>GALLUP</b>		
Gallup Aquatic Center	25-yard lap and recreational Pool, activity pool and water slide	(505) 726-5460
Gallup Fitness Center	Gymnasium, racquetball/squash courts, weight training area (weights and machines), aerobics, zumba, steam, sauna	(505) 722-7271
Harold Runnels Athletic Complex	A large gymnasium for soccer, volleyball, and other court activities,	(505) 722-7107

	indoor walking track, weight training room, cardio exercise suite	
Larry Brian Mitchell Recreation Center	Gymnasium, weight room, cardio exercise suite, Zumba and aerobics	(505) 722-2619

## Educational Resources

Name	Type	Phone Number
<b>Shiprock</b>		
Navajo Nation Headstart	Early Head Start: 0-36 months Head Start: 3-5 years of age	(505) 368-1200
Dine College		(505) 368-3500
Shiprock Dine College Adult Education ABE/GED Program	Individuals who are 16+ yrs old who haven't received diploma	(505) 368-3563
Dine College HIV Program		(505) 368-7440
Office of Navajo Nation Scholarship & Financial Assistance		(505) 368-1335
Shiprock Associated Schools, Inc	Age requirement: 14-21 years old, on the second Friday of October	(505) 368-2100
<b>Farmington</b>		
San Juan College		(505) 326-3311
San Juan College – ABE/GED Program	Adult Basic Education (ABE), Learning Support (Basic Skills) classes and Peer Tutoring for students attending college or who are in the ABE program.	(505) 566-3270
Farmington Indian Center 100 W. Elm St. Farmington, NM 87401	Public Information and Job Board, Workforce & Community Service placement T-F 8am-4pm M-8am-11:30am & 1-4pm	(505) 599-1524
Presbyterian Medical Services – Children's Services 608 Reilly Ave. Farmington, N.M. 87401	Program for children 0-5 of age and pregnant mothers from low income families.	(505) 326-6434
<b>Aztec</b>		
Aztec Public Library 319 S. Ash St. Aztec, NM 87401	Lending library materials, public computer access, print and fax services.	(505) 334-7657

	Other services: Storytime, book sales, promotional items, free technology classes, book club, altered book program, Chautauqua events.	
ECHO, Inc. Aztec Preschool 322 N. Main Aztec, NM 87410	Full service day care and pre-school. Serves children ages 2-12.	(505) 334-6135
<b>Crownpoint</b>		
Navajo Technical University	Ages served: High School Graduates, GED Recipients, High School students through Dual Credit.	(505) 786-4100
<b>Gallup</b>		
Octavia Fellin Public Library Children's Branch	Lending library materials, public computer access, computer classes, library events	(505) 863-1291 (505) 726-6120
<b>Newcomb</b>		
Dine Bi Community Library	Services for community patrons with computer, internet access, book checkout, fax, and copies. Basic computer classes, storytelling, and family literacy activities.	(505) 696-2003
<b>Durango</b>		
Fort Lewis College 1000 Rim Drive Durango, CO 81301	Fort Lewis College offers accessible, high quality, baccalaureate liberal arts education to diverse a student population.	(970) 247-7184

## Employment Resources

Name	Type
Capacity Builders, Inc.	Youth Employment Projects
National Indian Youth Council, Inc. Employment & Training Program	(505) 327-5341/5342
Navajo Department of Workforce Development	(505) 368-1094/1095
New Mexico Job Corps Field Office 3535 East 30 <sup>th</sup> Street Farmington, NM 87402	(505) 564-3468
NM Workforce Connection	(505) 327-6126/6127

Goodwill Industries for New Mexico	(505) 326-6203
Human Service Department – Income Support Division	(505) 566-9600
Navajo Nation Office of Special Education and Rehabilitation Services	(505) 368-1043
Navajo Nation – Program for Self Reliance 710 East 20 <sup>th</sup> Street Farmington, NM 87402	(505) 278-8190 Erica Lee, Program Supervisor II (866) 347-2403

## Biohazard Cleanup Resources

Name	Location	Number
<b>Best Cleaning &amp; Disaster Restoration Services INC.</b>	Farmington-1210 Mission Ave Durango	(505) 324-8585 – Farmington, NM (970) 247-2394- Durango, CO
<b>ACT Cleaners</b>	All Areas	1 (888) 629-1222 1 (888) 477-0015
<b>ABC Crime Scene Cleanup</b>	Farmington, Cortez	1 (888) 477-0015
<b>Rocky Mountain Biohazard 24/7</b>	992 S. 4 <sup>th</sup> Ave Suite 100-144 Brighton, CO 80601	(303) 997-3483 (303) 944-1760